



Complete 13 do-rights for the
2021 Seattle Kids Marathon

NAME: _____
AGE: _____
SCHOOL: _____



DO-RIGHT-O-METER

DO-RIGHTS

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12
13

DO RIGHT SUGGESTIONS

Here are a few examples of "Do rights" or
"good deeds" to get you started on your way

1. Take out the trash and recycling
2. Do the dishes
3. Help mow the lawn
4. Rake the leaves
5. Carry in the groceries
6. Collect box tops for your school
7. Read a book to a younger child/sibling
8. Get 5 friends to each do a good deed
9. Set the table for dinner
10. Volunteer at a local charity
11. Send a card to a Senior Home
12. Help a friend with their schoolwork
13. Pick up litter in your neighborhood
14. Collect and donate items to charity
15. Donate old toys to charity
16. Volunteer at a local running or sporting event
17. Volunteer at a senior home
18. Walk an elderly neighbor's dog
19. Help your grandparents with housework/chores
20. Help clean the house
21. Help someone with their bags getting off of a bus
22. Volunteer at a soup kitchen
23. Make a card for your teacher
24. Hold a door open for someone
25. Do something kind for a new student
26. Pay someone else's bus fare when they can't
27. Let someone have your seat on the bus
28. Wake up early and make breakfast
29. If a classroom is messed up start to clean it without being asked