



Eat 26 healthy meals for the  
2019 First Tech Seattle Kids Marathon

NAME: \_\_\_\_\_

AGE: \_\_\_\_\_

SCHOOL: \_\_\_\_\_

# EAT-RIGHT-O-METER

## HEALTHY MEALS

1	14
2	15
3	16
4	17
5	18
6	19
7	20
8	21
9	22
10	23
11	24
12	25
13	26